



Hydrafacial

PRE+POST CARE INSTRUCTIONS

PRE-TREATMENT CARE:

- Please arrive without makeup for your hydrafacial.
 - **Discontinue** use of retinol/tretinoin/hydroquinone at least 2 days before hydrafacial.
 - **Do not** use any type of exfoliants 2 days before treatment.
 - You can NOT receive a facial if you have an active cold sore.
 - Refrain from any chemical peels or lasers for 2 weeks prior.
 - If you have recently used the medication Accutane®, it is mandatory to postpone treatment until at least six months after stopping the medication
 - Let your esthetician know if you are currently pregnant or breastfeeding
 - Wait 2 weeks after Botox and filler treatments to have a HydraFacial treatment.
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POST- TREATMENT CARE:

- Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
- Use sunscreen with SPF 30 or higher daily for 3-5 days post-treatment
- **Avoid any exfoliation** to the area for 48 hours post-treatment
- **Do not use** topical retinol/tretinoin/hydroquinone at least 2 days after hydrafacial
- To keep the area clean, avoid heat sourced, including hot showers, saunas, and cardio workouts that may produce sweat for 24 hours.
- Do not use topical retinol/tretinoin for 2 days following treatment
- Book your next Hydrafacial!

IT IS IMPORTANT TO FOLLOW THE SPECIFIC PRE+POST INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE INSTRUCTIONS, BE SURE TO CONTACT US FOR MORE GUIDANCE.
