



BioRePeel

PRE+POST CARE INSTRUCTIONS

PRE-TREATMENT CARE:

- Please arrive with no makeup applied to face
 - Avoid topical Retinoids, Tretinoin, Actives (7-14 days)
 - Avoid other topical acids and any exfoliants (7-14 days)
 - Avoid laser hair removal (4-6 weeks)
 - Avoid waxing (7 days)
 - Avoid chemical hair removal creams (7 days)
 - Avoid Botox and filler before treatment (7 days)
 - Let your esthetician know if you are currently pregnant or breastfeeding
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POST- TREATMENT CARE:

- Your esthetician will send you home with 2 topicals to use after treatment for 7 days (AM/PM).
 - Facial cleanse with gentle cleanser can be done the same evening.
 - Avoid non mineral based makeup products (24-72 hours)
 - Avoid gym (24 hours)
 - Avoid chemical, physical or mechanical exfoliants (7 days)
 - Botox and filler can be injected post peel.
 - Avoid all AHAs, BHSs and RETINOL for 7 days post last treatment.
 - Avoid laser hair removal (4-6 weeks)
 - Avoid waxing and or threading (7 days)
 - Avoid swimming or saunas (7 days)
 - Avoid hot yoga (24-72 hours)
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IT IS IMPORTANT TO FOLLOW THE SPECIFIC PRE+POST INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE INSTRUCTIONS, BE SURE TO CONTACT US FOR MORE GUIDANCE.